THE PANTHER POST



November/December 2015

We hope you are **enjoying Little Athletics** and everything it has to offer. We have had an excellent start to the season with fantastic efforts and fine weather. Petey the Panther has had a blast and enjoyed a visit from good mate Salmo the Tassal Salmon. The little athletes have also enjoyed apples supplied by Willie Smiths.



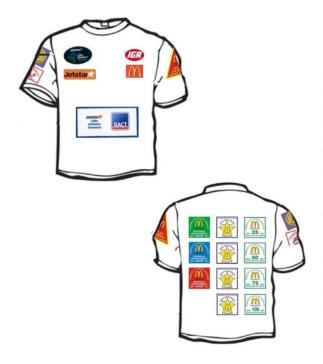
Little Athletics Tas combined meets - Open to all with lots of fun and provide the opportunity to meet athletes from other clubs and compete on a bigger stage. If you would like more information on these meets please ask a centre committee member (look for the people wearing the blue club polo shirts) or our Registrar Karen Johns, we will be happy to answer your questions.

Southern Centre Challenge	Sunday 15th of November	Domain Athletics Track Hobart from 9am
Northern All State	Saturday 21st of November	St Leonards Athletics Track, Launceston from 8am
Southern All State	Sunday 13th of December	Domain Athletics Track from 8am

Friday Twilights - Please note we have some Friday Twilight meets over the next couple of months. Canteen will be available and Tiny Tots sprints only. If anyone can spare some time to help set up for these meets we'd love your assistance.

06/11/15 Friday	Program 3 (Twilight 5:15pm)
13/11/15 Friday	Program 1 (Twilight 5:15pm)
20/11/15 Friday	Program 2 (Twilight 5:15pm)
28/11/15 Saturday	Program 3
05/12/15 Saturday	Program 1
11/12/15 Friday	Program 2 (Twilight 5:15pm)
19/12/15 Saturday	Program 3 - PB Day & Christmas Party

PB's and Qualifiers You have probably had you child run up to you after a race excited they received a PB or a qualifier. For those of you who may not know what a PB is, it stands for **personal best**. A PB is beating your previous best time. Marilyn who records the results after the races will often tell the children this, because she has their previous times and the qualifiers in front of her. A qualifier is a time set by LATAs for an event, to be eligible to compete at the State Individual Championships you need to qualify twice (in the same event) at any centre or state meeting.



Uniforms & Badges

Little Athletics has a strong tradition of encouraging children to have a go and rewarding best performances and milestones. Little Athletics both nationally and state has also had success in attracting sponsorships which keeps the sport cheaper for families, and these sponsors need to be acknowledged and recognised.

Therefore the athlete's uniform are adorned with a selection of badges which begin with the LATas badge, Centre badge, sponsors badges and the name and age badge. The badges grow as the season progresses with the Gold Star and Personal Improvement awards (see pages 16-19 in the Information Manual for more detail).

It is important that families and athletes respect the organisation, the sponsors and this tradition and ensure the correct badges are sewn on the uniforms in the correct place!

The Badge Placement Guide has been provided for all new members and these pictures provide a quick visual guide.

Get involved! Huon Valley Little Athletics is run by a small group of fun loving volunteers and is seeking your help to make the club even better for our little athletes so they can be their best. We currently need assistance with field sites, administration and canteen.

We will be running **learning sessions for track and field sites** in late November as a pathway to be a qualified official to run sites. So if you think you would like to get involved please have a chat with me - Marty Doyle, Club President.

CHISTMAS

The Huon District Lions **Christmas Parade** will be held on the 11th of December, 2015. Little Aths will again have a float and we will assemble at 6.30pm in the car park behind Huon Arcade. Parade commences at 7pm and will go along Main Street up to the Huonville Recreation Grounds via

Heron Street. Lots of free activities at the Recreation Grounds including a sausage sizzle. We would love you to be part of it!

