



# Centre Championships

2018



## KEY DATES

Saturday 17 February 2018	Week 1 HVLA Centre Championships (Huonville Athletics Ground)
Saturday 24 February 2018	Week 2 HVLA Centre Championships (Huonville Athletics Ground)
Saturday 3 March 2018	Week 3 HVLA Centre Championships (Huonville Athletics Ground)
Saturday 11 March 2018 & Sunday 12 March 2018	State Individual Championships (St Leonards)
Saturday 17 March 2018	HVLAC Championships Presentation Day (Huonville Athletics Ground)

## CONTACTING US



[www.huonvalley.org](http://www.huonvalley.org)



[info@huonvalley.org](mailto:info@huonvalley.org)



Huon Valley Little Athletics Centre

## THE FORMAT

Centre Championships runs on a different program to the weekly meets, with each athlete competing once in each of their eligible events over the three weeks of Centre Championships.

The proposed program for each week is included in this booklet, however please check the program posted on the board at the Centre at the start of each week as changes may be made at short notice in order to accommodate weather or organisational constraints.

Centre Championships also run to a more formal format than our weekly meets. All athletes must wear correct uniform. The centre shirt needs to have all sponsor badges on the front and the 25 events badge on the back. Black shorts must be above the knee in length and logos should not be larger than a 20 cent coin, as per the Little Athletics Tasmania guidelines in your annual information manual.

Please read through the Rules of Competition outlined in this program and contact a Committee Member if you have any questions.

## PRESENTATION DAY

On Saturday the 17th of March we will be holding our Presentation Day at the athletics ground. We will kick off the morning with a few fun relay events, followed by all age group presentations and a sausage sizzle and icy poles for our athletes to finish off the season.

Nominations are now open for our perpetual awards. Nomination forms are available from Karen in the Clubrooms or from the Canteen. Nominations close at the end of Week 3 of Centre Championships.

**DICK CLARK SPORTSMANSHIP AWARD.** Each season officials/families are asked to nominate an athlete that they have seen to have a positive and encouraging attitude towards personal competition and fellow competitors and seen to be assisting/helping other athletes, officials or families where help is needed.

**TASSAL ALL ROUNDER.** Families/Officials are asked to nominate athletes for this award. To be eligible for this award athletes must compete in all events offered for their age group and attend over 75% of centre meets, be well behaved at all times and not resort to alibis when things don't go well.

## RULES OF COMPETITION

1. *Competitors and officials only are permitted in the Competition area. Competitors must leave the area immediately after the completion of their event.*
2. *No athletes or parents are permitted in the time keeping area unless providing assistance at the request of the chief timekeeper.*
3. *No athletes or parents are permitted on the inside of the arena unless competing or assisting in an event.*
4. *Coaching by officials at an event site is not permitted. It shall not be considered coaching for an official to provide factual feedback to an athlete after a trial in a field event e.g. where the athlete's foot landed in relation to the take-off area in the long jump. The exception to this is that the Chief Official may provide technical coaching to Under 6 or 7 athletes to assist the in completing a legal trial. All other forms of coaching are not permitted.*
5. *Athletes may only receive coaching during an event at an approved location or area from coaches approved by the association. Any coaching or assistance to athletes delivered from unapproved areas, or by non authorised person/coaches may result in the athlete being disqualified from the event. Coaching and assistance includes the following;*
  - *Assistance in measuring or adjusting run up*
  - *Advising athletes of split times during distance races*
  - *Advising athletes of techniques and/or providing technical advice during competition*
6. *All records are to be verified by the Track/Field referee*
7. *Prior to a record attempt and high jump the field referee must be called prior to the athlete attempting the trial.*
8. *Mobile phones shall not be used on the area by athletes.*

WEEK 1—17 FEBRUARY 2018

		Week 1									
	Age Group	6	7	8	9	10	11	12	13	14	15
Track Event	Sprint Hurdles										
	200-300m Hurdles								✓	✓	✓
	70m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	100m										
	150m	✓	✓								
	200m										
	400m			✓	✓	✓	✓	✓	✓	✓	✓
	800m										
	1500m										
	Age Group	6	7	8	9	10	11	12	13	14	15
Field Event	Shot Put	✓		✓		✓					
	Discus		✓		✓				✓	✓	✓
	Voretex										
	Turbo Jav										
	Javelin						✓	✓			
	Long Jump						✓				
	Triple Jump							✓			
	High Jump					✓			✓	✓	✓

WEEK 2—24 FEBRUARY 2018

		Week 2									
Age Group		6	7	8	9	10	11	12	13	14	15
Track Event	Sprint Hurdles	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	200-300m Hurdles										
	70m										
	100m										
	150m										
	200m										
	400m										
	800m										
	1500m					✓	✓	✓	✓	✓	✓
Age Group		6	7	8	9	10	11	12	13	14	15
Field Event	Shot Put		✓						✓	✓	✓
	Discus	✓					✓	✓			
	Voretex										
	Turbo Jav			✓	✓	✓					
	Javelin										
	Long Jump	✓	✓	✓	✓				✓	✓	✓
	Triple Jump										
	High Jump						✓	✓			

WEEK 3— 3 MARCH 2018

		Week 3									
Age Group		6	7	8	9	10	11	12	13	14	15
Track Event	Sprint Hurdles										
	200-300m Hurdles										
	70m										
	100m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	150m										
	200m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	400m										
	800m				✓	✓	✓	✓	✓	✓	✓
	1500m										
Age Group		6	7	8	9	10	11	12	13	14	15
Field Event	Shot Put				✓		✓	✓			
	Discus			✓		✓					
	Voretex	✓	✓								
	Turbo Jav										
	Javelin								✓	✓	✓
	Long Jump					✓		✓			
	Triple Jump						✓		✓	✓	✓
	High Jump			✓	✓						

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## Quick Contacts

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